

Shift Education Presents

the askable adult

*Get yourself ready for “the talk”
Workshop with Certified Sexual
Health Educator, Jessica Wollen*

Have you ever wondered how to talk about sexuality and reproduction with your children, struggled to find the right words to address tough questions surrounding sexual health, or worried about what was appropriate to share at what age?

In this practical 2-hour workshop, geared towards parents and caregivers. Learn how to begin discussions and how to share information with kids in a clear and understandable way, what kind of sexual health information is needed at various ages, strategies to handle questions, what kinds of words to use. Learn how to discuss feelings, emotions, and family values and how to explore your own personal beliefs around sensitive topics.

Jessica Wollen is a teacher, Certified Sexual Health Educator, and founder and CEO of Shift Education. She has over 16 years of experience teaching both typical and diverse learners and has become known for her sense of humour and ability to stimulate much-needed conversation surrounding body-science, sexual health and healthy relationships.

Date: February 13, 2019

Time: 6:30 - 8:30 PM

Location: Cleveland Elementary, 1255
Eldon Rd, North Vancouver

shift-education.com

